

ADVANTAGES OF PSYCHOSOMATIC ENERGICS

- sustainable approach - tackles the causes
- gentle and safe - pleasant for the patient and very well tolerated
- from child to senior - suitable for all ages
- good progress monitoring through comparison of measurement results
- can be perfectly combined with other therapies
- quality assurance through certification of PSE therapists
- less time-consuming - often 3-5 consultation visits at intervals of 2-4 months are sufficient
- practical experience for over 20 years



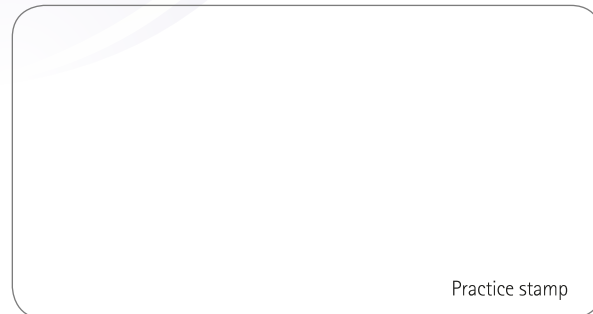
RUBIMED AG

Grossmatt 3
CH-6052 Hergiswil

info@rubimed.com

www.rubimed.com

Issued by



Practice stamp

INNOVATION FROM SWITZERLAND



PSYCHOSOMATIC ENERGICS

TRACING THE CAUSES OF DISEASES -
PSE AS A HOLISTIC APPROACH IN PHYSICAL
AND MENTAL COMPLAINTS

Please note: The Psychosomatic Energetics treatment method and the Reba test device are alternative medical treatments that are not generally scientifically recognised. All information in this brochure is based solely on PSE's own findings.

DISEASE – AN EXPRESSION OF A LACK OF LIFE ENERGY?

The close connection between health and life energy becomes particularly clear in cases of illness, when we feel powerless and low in energy. In fact, a certain amount of life energy is necessary to maintain physical and mental health and to cope with stress.

PSYCHOSOMATIC ENERGETICS IS USED IN PARTICULAR IN:

PHYSICAL

- food intolerances
- asthma
- irritable bowel syndrome
- chronic pain
- fibromyalgia

MENTAL

- exhaustion / burnout
- insomnia
- depressions
- anxiety disorders / school anxiety
- behavioural disorders such as bed-wetting, AD(H)D



ENERGY BLOCKAGES AS DISEASE-TRIGGERS

You surely know the feeling when problems, worries and anxiety absorb large parts of your energy. The same applies for unconscious and repressed conflicts that can deprive us from our life energy and block our energy system on a daily basis.

POSSIBLE CAUSES FOR SUCH ENERGY BLOCKADES ARE:

- emotional stress
- unresolved conflicts
- environmental impacts
- functional organ stress

In the long run, a lack of energy not only disturbs our life spirit, but can also impede our self-healing processes, which in turn promotes the development of physical and mental illnesses. We aim to counteract this with Psychosomatic Energetics (PSE).

PSYCHOSOMATIC ENERGETICS

Especially with chronic and undefined diseases, which are difficult to treat with conventional methods, medical science often reaches its limits. This was exactly the impetus for developing Psychosomatic Energetics (PSE), which has been combining scientific findings from psychology, homoeopathy and Far-Eastern energy theory for over twenty years.

TESTING AND TREATMENT OF ENERGY BLOCKAGES

The aim of every PSE treatment is to detect and treat blockages that deprive us from our life energy using a special test device (Reba®). In this way, accumulated energy is brought back into flow and a solid basis for physical and mental well-being is created.

Special homoeopathic complex remedies are used, which can easily be combined with other therapy methods if required and are extremely well tolerated.

WHAT YOU CAN EXPECT FROM THE TREATMENT

THE TESTING ITSELF TAKES PLACE IN THREE STEPS:

1. determining your energy values with the Reba® test device
2. testing your blockages
3. determining the therapeutic agents required in your case

The individually selected PSE agents are usually administered twice a day. A positive course of treatment should lead to a noticeable and measurable increase in energy.

WHAT WE WANT TO ACHIEVE WITH YOU

THE AIM OF THE PSE TREATMENT IS

- to dissolve existing blockages
- to increase the energy values
- to create a perception of increased life energy
- a better unfolding of the personal potential
- to bring body, mind and soul into balance
- to stimulate self-healing powers
- to increase the general well-being
- to relieve discomfort

